

Excellence in...

Physical Therapy • Occupational Therapy Speech Therapy

# Excellence in...

Physical Therapy Occupational Therapy Speech Therapy

An Example of Superior Services We Provide for Our Clients. . .

Free Transportation Evening & Weekend Hours Home Health Services Certified Hand Therapists Detailed Progress Reports Hands On Mobilization Work Rehabilitation Programs Functional Capacity Evaluations Bi-Lingual Therapists (Collectively speak 13 languages including Spanish and Polish) Each Location Independently Medicare / Medicaid Certified We Accept all Major Insurances State of the Art Technology and Modalities Fully Wheelchair Accessible





# Physical Therapy

lontophoresis

Our highly skilled therapists restore you to your maximum physical and functional levels.

## We offer a variety of Individual Treatment Plans:

Myofacial Release / Massage Electrical Stimulation Biofeedback Ultrasound Anodyne Therapy Work Hardening Programs Trancutaneous Nerve Stimulation Continuous Passive Motion (Shoulder, Knee, Wrist) Fluidotherapy Gait Analysis and Progressive Training Spine Evaluation and Treatment Cervical and Lumbar Traction Isokinetic Strengthening Pre and Post Prosthetic Training Wound Care Individualized Home Exercise Programs Caregivers Training

# Occupational Therapy

Our therapists restore you to the highest level of independence.

Iontophoresis
Fluidotherapy
TENS Unit
Parrafin Treatments
Fine Motor Control
Computerized Biofeedback
Specialized Exercises for ADL Improvement
Edema Control with Compression Therapy

# Hand Therapy

Our specialized programs for hand rehabilitation focuses on helping the individual back to maximum health. We strive to help all our patients achieve maximum function in the hand for the work or home environment, including the use of the hand in daily life activities with our certified hand therapists.

### Disorders Treated

Arthritic Conditions
s/p Hand Lacerations
s/p Hand Traumas
Carpal Tunnel Syndromes
Dupuytren's Contractures
Tendon Transplants
Flexor Tendon Repairs
Extensor Tendon Repairs
s/p Mastectomy

# Speech Therapy

Our therapists design a plan of treatment, conduct therapy and document progress for the purpose of returning individuals to their prior level of communication.

#### **Disorders Treated**

Cerebrovascular Accident (CVA)
Parkinson's, ALS, MS
Head Trauma
Aneurysm
Aspiration Pneumonia
Craniotomy

Oral, Pharyngeal and Laryngeal Cancer Adult Aphasia / Dysphasia Motor Speech Disorders

Reading / Writing Difficulties Dysarthria Apexia

## WE ALSO SPECIALIZE IN. . .

Shoulder Rehabilitation
(including golf rehabilitation)
Hemiarthroplasty / Total Joint Rehabilitation
Foot and Ankle Rehabilitation
Diabetic Neuropathies
Lumbar and Cervical Radiculopathies
Osteochondral Grafting Rehabilitation
Functional Capacity Evaluations



### Home Health Care

When the need arises, patients can be visited at their homes for Physical, Occupational or Speech Therapy. Our therapists roam every community, culture and socio-economic status, to provide exemplary service to all who are in need.

We also provide Hi-Tech nursing services through our Home Health Care Agencies (Licensed & Certified).

We cover every holiday and weekend in all kinds of weather. Bilingual staff is available. Our therapists are eminently well qualified and unequivocally committed to fulfilling the needs of patients by routinely providing high quality home health care.

## Portable Therapeutic Equipment

Ultrasound
Neuromuscular Simulator
TENS
Bed Traction
Electrical Stimulation

Anodyne
Iontophoresis
Phonophoresis
Interferential Therapy
Continuous Passive Motion

# Nine Convenient Locations to Serve you Better!

## Chicago

1913 West Chicago Avenue 60622 Evergreen Park 3849 West 95th Street 60805

## Chicago

8700 South Dante 60619

## Tinley Park

16650 South Harlem 60477

### Arlington Heights

1614 West Central Road 60005

## Oak Lawn

4425 West 95th Street 60453

#### Downers Grove

4121 Fairview Avenue 60515

### Berwyn

6641 West Ogden Avenue 60402

#### Homewood

18636 South Dixie Highway 60430 (800) 403-7279

(708) 422-2122 Fax